SUNDAY WORSHIP 10:30 AM SUNDAY SCHOOL & NURSERY 10:30 AM

From the Pastor

Our Bible passage for Sunday is from Isaiah 40 and is a favorite of many. Perhaps you saw that Elmo (the red muppet) asked on X "how is everybody doing?" He got an earful! I learned a new word in one headline - "X users trauma-dump on fuzzy red monster." Whether ancient Israelites from Isaiah's time or modern Americans, it appears we all need some help from our traumas. The title of the sermon is "strength for the weary." Brian, Thomas, and Morgan provide music; Morgan, Wyatt, and Winnie are liturgists; JJ and Ziggy find strength in communion.

Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted, but those who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.

SCAM ALERT! THE PASTOR WILL NEVER, NEVER, NEVER, NEVER, EVER ASK YOU FOR GIFT CARDS OR MONEY IN ANY FORM!!!!!

Come one, Come all, to our FCC COFFEE HOUSE! Last Friday of every month - February 23 - 4 to 6 pm - Perkins Hall - Serving: good conversation, light beverages and snacks, lots of games, music of all kinds, dancing if you want it, and any other creative ideas you can come up with. Please use the Alarcon St door to enter. See you then!

CONTINUING A SMALL GROUP EXPERIENCE

Beginning Sunday, January 14 -- 9:15-10:15, in the meeting room downstairs, join us to view and discuss selections from the "Living the Questions" video series.

Topics:

January 14 - - the prophetic Jesus (and MLK)

January 21 - - evil and suffering

January 28 - - redemptive violence – the cross

February 4 - - resurrection

February 11- - prejudice in our world

Each session is self-contained, come for one, a few, or all of them!

Questions? and child care needs: Pete Norum at handle32pan@gmail.com.

VIDEO SERIES

"When Black Female Preachers Speak - Seven Important Discussions with Black Female Theologians" A part of our decentering whiteness efforts (not to mention patriarchy)

The next gathering will be February 16 at noon in the church office conference room. Bring your own lunch / snack and drink.

When black female preachers speak, we should all listen. The insight and intention provided by black theologians illustrate their ability to bring the history of black culture and religious experience into the life of Christians and the liturgical life of the church. For centuries black mothers have passed on wisdom – in the white world, in the black community, and with men. This wisdom has illustrated how God reveals prophetic word and action for Christian living.

We have brought together some important themes coupled with visionary insights from Rev. Jacqui Lewis, Rev. Dr. Karen Georgia Thompson, Rev. Dr. Kelle Brown, Rev. Dr. Kelly Brown Douglass, Rev. Traci Blackmon, Rev. Canon Stephanie Spellers, and Bishop Yvette Flunder.

ASH WEDNESDAY SERVICE FEB. 14 AT NOON

PASS - PRESCOTT AREA SHELTER SERVICES

PASS, our local women's shelter, serves as a place for women and children experiencing homelessness. The third Wednesday of every month (**February 21**) our church provides dinner for the guests at the shelter. Meal items are brought to the church parking lot at 5:00 pm and then taken by one of our members to the shelter. Carolyn Christians has taken over this role from Patty Gard. We need new members to sign up to help each month. The sign-up sheet is in Perkins Hall.

CHURCH DIRECTORIES ARE ON OUR WEBSITE FCCPRESCOTT.ORG UNDER THE RESOURCES TAB – PASSWORD PROTECTED EMAIL THE CHURCH OFFICE FOR PASSWORD

fccprescott@gmail.com

We are in the process of updating the picture directory. It should be done in the next two weeks.

Thanks for your patience.

SATURDAY FAITH FORUM OPEN TO ALL
SATURDAYS AT 10AM ON ZOOM
A NEW TOPIC EACH WEEK - BIBLE, CURRENT EVENTS,
THEOLOGY, ETC.
A LIVELY DISCUSSION
EMAIL PASTOR JAY TO BE ADDED TO THE ZOOM INVITE
jayfccprescott@gmail.com

Coming February 24 to the Faith Forum... Each Saturday during Lent True Freedom - A New Global Course for Lent 2024

A new global resource from The World Council of Churches and The Clewer Initiative,
True Freedom is a six-week course for Lent. It draws on themes from the book of
Galatians and encourages individuals and churches to respond to modern slavery in their
communities.

AMAZON SUPPLIES TO PROVIDE FOR JENI AND AUDRA IN SUNDAY SCHOOL

Copy and paste this into your browser:

https://www.amazon.com/hz/wishlist/ls/3GNXWTEHGJL87?ref =wl share

This QR code will take you to the supplies that can be ordered and provided:



Watch Worship Services Here

FEBRUARY MISSION NEWS

MONTHLY FOCUS: Each month throughout the year, our Mission Outreach team identifies particular mission programs to support. Our emphasis for February is **Prescott Area Shelter Services (PASS)**.

Prescott Area Shelter Services (PASS) provides shelter for local women and children in need. A donation of just \$28 can mean a new chance for a guest in need, a chance to feel safe, a chance to feel supported, and a chance to start the process of getting back on their feet. Your \$28 contribution gives shelter and all

of **PASS's** support programs, including case management, to one guest for a night.

Other amounts to consider: \$50 will supply the shelter with toilet paper for at least two months; \$100 sponsors 10 days of shelter for one person (one day can change the life of a person); \$400 will supply shelter to a full dorm of guests for a week, along with staff support, the resources and supplies needed, and a warm and safe environment; \$500 will support a family for one month through **PASS's** Transitional Housing Program; and \$1000 helps one family or

If you wish to contribute, please make your check payable to the church, with the memo of **PASS**. Mission donations which do not specify a particular project will be disbursed as determined by our Mission team members.

In January, due to your generous support, the Mission Outreach team distributed funds to the following organizations/projects: Yavapai Food Bank (\$250), Ukraine Relief (\$1,020), and the UCC Christmas Fund (\$895).

As always, thank you for remembering that we are blessed to be a blessing (Genesis 12:2).

two single women obtain permanent housing.

Mission Outreach Committee members for 2024 are Patty Gard, Carolyn Christians, Roxanne Matthews, Bill Bryant, and Becky Bryant, chairperson. If you would like to serve with us, or have any other outreach matters to discuss, please contact Becky at (928) 910-2820 or beckybryant2255@gmail.com.

LENT AND EASTER ARE EARLY THIS YEAR!

Ash Wednesday Feb. 14
First Sunday in Lent Feb. 18
Maundy Thursday March 28
Easter Sunday March 31

SUNDAY FEBRUARY 11 IS JAZZ SUNDAY, BOY SCOUT SUNDAY, AND SOUPER BOWL SUNDAY – The music gets jazzy as we prepare for Lent; the Boy Scouts join us to express thanks for meeting in our special Scout room; and the children collect donations in soup pans at the door on Super Bowl Sunday – they decide who receives the offering.

ENNEAGRAM WORKSHOP COMING IN APRIL-MAY

We did this workshop back in 2016. Participants enjoyed getting to know themselves better and understanding others better. An Enneagram instructor will be leading the workshop. There will be a fee for attending – scholarships will be available if needed.

From The Enneagram Institute:

What is the Enneagram?

Don Riso has defined the Enneagram as "a geometric figure that delineates the nine basic personality types of human nature and their complex interrelationships." While

the Enneagram suggests that there are nine basic personality types of human nature, there are, of course, many subtypes and variations within the nine fundamental categories. Nevertheless, the assertion of Enneagram theory is that these nine adequately map out the territory of "personality types."

The Enneagram is also a symbol that maps out the ways in which the nine types are related to each other. This is the aspect of the Enneagram most people are familiar with because it offers them a framework for understanding themselves and everyone they deal with. As a psychospiritual typology, the Enneagram helps people to recognize and understand an overall pattern in human behavior. External behaviors, underlying attitudes, one's characteristic sense of self, conscious and unconscious motivations, emotional reactions, defense mechanisms, object relations, what we pay attention to, our spiritual potentials and much more—are all parts of a complex pattern that forms each personality type. Therapists, business counselors, human resource directors, and spiritual seekers from around the world are all finding the Enneagram to be immensely useful for self-understanding and personal growth. Always remember however, that the Enneagram does not put you in a box; it shows you the box you are in and the way out!

What use is the Enneagram? How can it help me?

The Enneagram can be extremely useful to everyone as a source of self-knowledge because it acts as a kind of "mirror" to reveal features of our personality that normally are invisible to us. Most of the time, people function habitually, as if on "automatic pilot," according to the pattern of their basic personality type. Usually this allows people to get along well enough in their lives, but when their normal routines break down or the stresses of their lives increase too much, their normal way of coping also tends to break down or become dysfunctional. Seeing clearly what our habitual patterns are—seeing what we are doing and why we are doing it, and at what cost to ourselves and others—holds the key to our liberation. By knowing your type correctly, you are able to see yourself—to "catch yourself in the act"—as you move throughout the day. With this increased self-awareness, you are also able to avoid reacting in negative and potentially dangerous ways.

Once real balance has been restored to the personality structure, the Enneagram can help us to orient ourselves to the higher spiritual and psychological qualities that each type has in abundance. Thus, at its highest, the Enneagram invites us to look deeply into the mystery of our true identity. It reveals that we are not our personality, but something more—a spiritual being who has lost contact with his or her true nature. Living out of this realization shifts completely how we see ourselves, others, and the world, bringing liberation, freedom, and joy. (See pages 27-48 in The Wisdom of the Enneagram or pages 11-17 of Understanding the Enneagram (Revised Edition) for more about the psychological and spiritual context of the Enneagram.)

FACEBOOK UPDATE

join. We will be posting events, and meetup information for the community, as well as exploring ways to bring back our outreach partners; the LGBTQ community youth, AA, etc. and other groups who have used the church pre-Covid for meeting spaces. Please join the group, and join in the discussion! If you have any questions, you can email Brit and Mike Flores at bafwriter@gmail.com, our current group admins. All event questions and suggestions should be directed to the church email at FCCprescott@gmail.com.

SUNDAY WORSHIP BULLETIN

FIFTH SUNDAY AFTER EPIPHANY

February 4, 2024

10:30 a.m.

*Those who are able may stand

GATHERING TO WORSHIP GOD

Prelude: "With a Shepherd's Care" by James J. Chepponis

Brian and Thomas

Words of Welcome – Announcements - *Passing of the Peace

Gathering Song: "Sing to God" by James F. D. Martin

Brian and Thomas

A Time for Children of All Ages - JJ & Ziggy (Children are welcome to go downstairs for Sunday school after the children's time)

Call to Worship

Wyatt Greenwald

Come to Jesus, all you who are weary and heavy laden,

Come and find rest and renewal here.

Come to Jesus, all you who have been worn out and tired,

Come and find strength and refreshment in the Spirit.

Come to Jesus, all you who feel the weight of the world on your shoulders,

Come and be filled with Christ, who renews our spirits.

Come and worship, and be raised up in Christ. Amen.

*Hymn: "Enter, Rejoice and Come In"

New Century Hymnal #73

Prayer for Strength and Healing

Holy One, our lives are often like an emotional rollercoaster in a runaway car. We sometimes feel our lives are out of control, and so we often try to get control. And then we give up. It is times like these that we need you. We need to commune with you, to become centered and whole. We need to draw close to you, to experience your healing touch. We need the support of one other, the love of one another, the encouragement of one another to remind us of your presence. It is times when we commune with you that we are lifted- up on eagles' wings and gain power for our faintness. Then we gain strength for our weariness. Then we who are wounded find healing. Then we find hope

in your steadfast love. And when we have received our healing, may we then be a vessel for you to use to heal others. May our households of faith be a gathering of those in need of healing and forgiveness. Amen

Hebrew Scripture Reading: Isaiah 40:27-31 Morgan Greenwald

Gospel Reading: Mark 1:32-39 Winnie Greenwald

Sermon: "Strength for the Weary" Pastor Jay

RESPONDING TO GOD'S GRACE

*Hymn: "Be Still, My Soul" New Century Hymnal #488

The Sacrament of the Lord's Supper (Communion is open to all)

We come to the Lord's Table. All are invited to come forward down the middle aisle and return to your seat by the side aisle. We receive communion by intinction – please take a piece of bread and dip it into the cup and partake immediately.

"Bread for the World" by Bernadette Farrell Brian and Thomas

Anthem: "You Are Mine" by David Haas Brian and Thomas

Do not be afraid I am with you. I have called you each by name. Come and follow me. I will bring you home: I love you and you are mine.

Prayers of the People / The Lord's Prayer (use trespasses)

Offering of Ourselves and our Gifts

Offertory: The King of Love My Shepherd Is" Gaelic Melody Brian Moore

*Epiphany Doxology

Praise God the source of life and breath;
Praise Christ, now born to conquer death;
Praise Holy Spirit's mystery:
One God, pure grace, who sets us free. Amen. (Tune: Old Hundreth)

*Prayer of Dedication Morgan Greenwald God of all that is, all we have, all we are – we give. We give these gifts as we reach across the thresholds of our concerns. We give these gifts, knowing that they will give so much more through Jesus Christ. Amen.

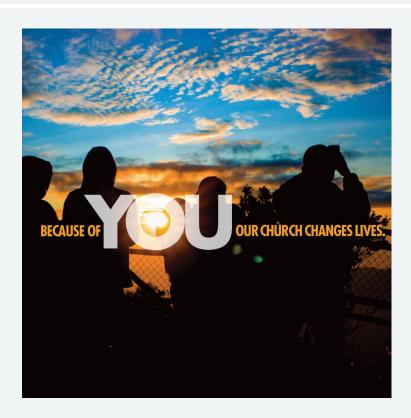
*Hymn: "Precious Lord, Take My Hand" New Century Hymnal #472

*Benediction Pastor Jay

*Postlude: "Standing in the Need of Prayer" African-American Spiritual Brian and

TREASURER REPORT FOR YEAR-END 2023

The total income for 2023 was \$184,880 and the expenses total \$190,806. Expenses exceeded income by \$5,926.



Because of You our church changes lives.

THANKS TO ALL WHO PROVIDED ESTIMATES OF GIVING FOR 2024!

SUPPORT THE CHURCH

Online – go to our website: www.fccprescott.org and look for the tab on the front page - You can set up regular, ongoing giving or one-time giving.

Use your credit card and get some points!

Your bank may have free online bill pay. You find the tab on your online account, fill in the details of the check as you would a regular check, and the bank will mail it for you! You can set up a one-time check or recurring scheduled check amount.

Make a check out to the church and mail it to: 216 East Gurley Street, Prescott, AZ 86301

Use the QR Code below:



CONTACT US | VISITORS | RESOURCES | CALENDARS | SERVING | EDUCATION | STAFF



T: 928-445-4555 EMAIL: fccprescott@gmail.com



First Congregational Church Prescott, UCC | 216 E. Gurley Street, Prescott, AZ 86301

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